INTERACTIVE LIFESKILLS COURSES

Scriptural & Scientific Congruency

Foundation for Spiritual, Mental & Physical Wholeness

The Kingdom of God Lifestyle

- Change Management (Personal & Business) / Make-Over Strategies
- Effective Communication Strategies
- Negotiation & Conflict Management
- Marriage, Family & Parenting
- Children's Personal Development
- Health & Well-Being
- Complimentary Therapy Techniques
 - Music & Movement, Laughter, Meditation & Mindfulness

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